

## **MUSKEGO ATHLETIC ASSOCIATION**

### **Intermediate Fast Pitch Softball League Specific Rules - Ages 10-12**

**Revised 4-25-11**

1. NFHS fast pitch softball rules will be in effect unless specified.
2. Games will be held Monday at Mill Valley & Wednesdays at Bay Lane Middle School.
  - a. Monday games will start at 6:00 P.M. and consist of 7 innings or a 2 hour time limit, whichever comes first. No inning will start after 7:50 P.M.
  - b. Wednesday games will start at 7:10 P.M. and consist of 7 innings or a 1 hour 15 minute time limit, whichever comes first. No inning will start after 8:15 (no infield warm-ups)
3. If after 7 innings the game is tied, the following will apply.
  - a. If the time limit has been reached, the game will end in a tie, provided the home team has had their last at bat.
  - b. If there is time left after 7 innings, the game will go into extra innings. No game will go longer than 9 innings.
  - c. If the League Commissioner, MAA board member, or umpire determines it too dark to complete a game safely, the score will be that of the last complete inning played.
4. Base paths shall be 60 ft. and pitching rubber will be 38 ft. from the back of home plate. 4 balls & 3 strikes.
5. Free substitutions and a continuous batting order will be used.
6. Bats shall be fast pitch softball approved.
7. The infield fly rule will be in effect.
8. Dropped 3<sup>rd</sup> strike rule will be enforced: With less than 2 outs and 1<sup>st</sup> base occupied, the batter is called out and can not advance to 1<sup>st</sup> base. The runners may advance at their own risk. With 2 outs, the batter & runners may advance at their own risk.
9. Managers will furnish their lineup for the opposing manager. (name and Jersey number)
10. The minimum number of players a team can field is 7. If a team can not field the minimum, that team forfeits. The players will be evened out as teams and the remaining time will be used to scrimmage / practice.
11. If a player is age 13 as of September 1<sup>st</sup> of this year they are not allowed to pitch during the regular season or play in the All-Star game.
12. If both coaches agree, each team may field 4 outfielders. The outfield positions will be Left, Left Center, Right Center and Right and be played on the grass outfield.
13. PITCHING: The slingshot and windmill styles can be used. The pitcher shall start the delivery with both feet on or with the non-pivot foot behind the pitching rubber. The pitcher shall take 1 step toward the batter simultaneously with the delivery. The pivot foot

shall remain in contact with the pitchers plate until the ball is released, then follow thru with a drag or step. Strike zone will be between armpits & knees.

14. A pitcher may only pitch a total of 4 innings per game. Of these 4 innings a pitcher can only pitch 3 innings of the games 1<sup>st</sup> 6 innings. One pitch will constitute an inning.

15. No stealing of home is allowed, however, a runner may advance to home on a wild pitch, passed ball or errant throw.

16. Delayed stealing is **not** allowed, e.g...During a throw from the catcher to the pitcher the runner must return to their base immediately when the pitcher catches the ball from the catcher, providing the pitcher fields the ball cleanly. First offense is a team warning, and play is dead. On the second offense, play is dead and the runner will be called out.

17. Sliding is encouraged and mandatory when there is a play.

18. All girls playing are strongly encouraged to wear a mouth guard.

19. No player will sit more than one consecutive inning and no player will sit out twice before all players have sat once.